

Sauro Tronconi

Author, essayist and philosopher

SHORT BIOGRAPHY

Sauro Tronconi is an author, essayist and philosopher. His research focuses on memory, attention, consciousness and freedom of choice. He has published with Castelvechi, Pendragon, EdUP and Il Ponte Vecchio. He is the author of the original story for *Lo specchio di Lorenzo*, produced by beQ for Rai Ragazzi. In 2026, he published *Zombificazione digitale* as part of the Es·Books publishing programme.

SELECTED PUBLISHED EDITIONS

La spada di sabbia. Il Ponte Vecchio, 2025.
ISBN 9791259784094 · [Catalogue reference](#)

Riflessioni. La vita non è una malattia. Il Ponte Vecchio, 2023.
ISBN 9791259782663 · [Catalogue reference](#)

Il cuore dietro la maschera. EdUP, 2010.
ISBN 9788884212382 · [Catalogue reference](#)

Medinamica. EdUP, 2002.
ISBN 9788884210067 · [Catalogue reference](#)

Tibetan vibration. Castelvechi, 2003.
ISBN 9788882100780 · [Catalogue reference](#)

Reiki-Do. Pendragon, 1996.
ISBN 9788886366090 · [Catalogue reference](#)

Years refer to the linked catalogues and do not establish first-edition dates. Other editions are listed on the author's website.

DOCUMENTED CREDITS

Original story for **Lo specchio di Lorenzo**, an animated short produced by beQ entertainment for Rai Ragazzi. The credit is reported by *La Nazione* (April 2021); the film is available on RaiPlay.

Co-author of **Self-awareness training associated with personality traits and sex: a pilot study**, *Psychological Reports*, 2010. PubMed: PMID 20923076. This reference concerns the pilot study cited.

Research, books and dialogue

CURRENT WORK

In **Zombificazione digitale (Digital Zombification)**, published in 2026, Tronconi examines digital environments, attention and freedom of choice. The book is available in six languages; language, format and edition details are listed on the website. **Il principio della memoria (The Memory Principle)** is a complete, unpublished Italian manuscript exploring time, experience and personal continuity.

TOPICS FOR INTERVIEWS AND EVENTS

Memory and identity. How experience becomes personal continuity.

Attention and choice. Automatic behaviour, distraction and everyday decisions.

Digital environments and AI. Cognitive offloading, judgement and responsibility.

Culture and self-knowledge. Myths, symbols, rituals and seminar practice.

PUBLISHING

Es-Books is an independent publisher with its own ISBNs and a catalogue in its launch phase. Historical editions retain their original publishers and bibliographic details. New Es-Books editions and manuscripts in preparation are identified separately.

TRANSLATIONS AND EDITORIAL ASSESSMENT

Complete Italian manuscripts and full English, French, Spanish and German translations of **Il principio della memoria**, **La specie inaffidabile**, **La vita in nostra assenza** and **L'industria dell'altrove** are available for editorial assessment. The version, review status and rights availability are confirmed for each work, language, territory and format.

MEDIA, PUBLISHERS AND INSTITUTIONS

relations@saurotronconi.info

For interviews, invitations, lectures, translations and rights enquiries. Please include your organisation, project, language and proposed dates.

Biographies, press portrait, sources and updates:
www.saurotronconi.info/press-kit